

The Ashley School Academy Trust



SUPPORTING ACHIEVEMENT

PE SPECIAL March 2015

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SUPPORTING ACHIEVEMENT

We have had so many excellent achievements in PE this half term that we have had to make a separate double page spread!

Norwich City Football Club Grand Prix League – Round 2 - 12th February 2015.



34 students from across all key stages travelled to the Football Development Centre in Norwich to compete in the second round of the Grand Prix League.

It was a fantastic day had by all with great performances from every individual who was chosen to represent The Ashley School.

The U16's played in a very difficult league, with the U16 A's managing to finish the day joint leaders, winning on goal difference, taking them to within 2 points off the top of the table.

The U16B's also played very well managing to win 2, draw 1, and lose 2, securing 4th place in the table.

The U14's were outstanding through the day winning all of their games, extending their lead at the top of the table.

The U16 Girls were also brilliant, they took part in a Norwich City FC coaching session for an hour and then played against 2 other schools to win all of their games.

Congratulations and a massive well done to all the students who attended! Good Luck for the final round on the 14th May.

North Suffolk School Games Boccia Tournament—Thursday 26th February 2015

The Ashley School hosted the above tournament. 10 teams took part with players from The Ashley School, Warren School, Ormiston Denes, Pakefield High and Bungay High.

The Ashley School Sports Leaders were the officials for the tournament and refereed and scored the games. They were assisted by Ross Munroe from Lowestoft Boccia Club and Jean Dewsbury from Leiston Boccia Club.

The Ashley 2 team of Ashley.C, Lewis.C and Callam.M won 3 games, drew 2 and ended in 7th position, whilst the Ashley 1 team of Jordan.J, Luke.W, Ines.S and Kieron.K won all their first round games putting them into the final against Ormiston Denes. Ashley won the first game 1- 0 and Ormiston Denes won the 2nd game 2-0 making Ormiston Denes the overall winners 2-0, but an excellent runners up result for the Ashley 1 Team.

A big well done to all players and to the Sports Leaders who did themselves proud. The Sports leaders will now qualify for the Boccia England Bronze Young Officials Award.

Emma Holloway Under 12's Inclusive Football Coaching and Competition—Wednesday 11th

March – Ormiston Denes.

The PE department took 20 children mainly from KS2 with the addition of a few year 7's to the above event.

The mornings coaching was run by the Suffolk FA and after a short drinks break we went straight into the competition. Schools competing were The Ashley School, Warren, John Grant and then 3 of our local high Schools, Pakefield High, Ormiston Denes and East Point Academy.

The B team comprised of year 7's down to year 4's and were playing against year 7's. They did very well. They lost all their games but were still really keen to play and were very excited when Taylor.L scored their 2 goals. They received their 3rd place medals with pride and I am sure will improve and remain enthusiastic and ready for the next competition.

The A team, which had only 3 year 7 and the rest KS2 players had to play the 3 High School teams. They played some lovely football, were commended for their attitude and sporting nature by the other schools staff and should be proud of their achievements. Jack.W in goal was outstanding and the Ashley player of the tournament. They too received their 4th place medals with pride.

Well done to all players.



Whole School Cross Country - Friday 6th March 2015

112 pupils took part in our annual school cross country in one of 4 races. Those who were unable to take part because of medical reasons assisted at the finishing tunnel or with refreshments. Many staff agreed to run around with the pupils whilst the others manned the course giving vital encouragement to the runners.

There were some exciting races with some close finishes fighting for those top 3 medal places. Results were as follows.

Trainers Race

1 st Girl	Rhiannah.S	1 st Boy	Ashley.C NEW RECORD 5 mins 38 secs
2nd Girl	Courtney.H	2nd Boy	David.J
3rd Girl	Chelsey.H	3rd Boy	Taylor.L

Years 3-7 Race

1st Girl	Sarah.B	1st Boy	Bubacar.N NEW RECORD 9 mins 41 secs
2nd Girl	Cerys.W	2nd Boy	Jack.W
3rd Girl	Abigail.P	3rd Boy	Lewis.H/ Keelan.W Harry.DP

Years 8 & 9 Race

1st Girl	Crystal.J	1st Boy	Shane.C NEW RECORD 12 mins 14 secs
2nd Girl	Shannon.B	2nd Boy	Adam.F
3rd Girl	Filandra.A	3rd Boy	Lewis.T

Years 10 & 11 Race

1st Girl	Shae.F	1st Boy	Brett.W
2nd Girl	Rhiannon.H	2nd Boy	Daniel.C
3rd Girl	Rebecca.L	3rd Boy	Michael.R

We also had our special award medal winners, these were chosen by the staff and for reasons varying from sheer determination, excellent effort, kindness to others or just missing medal positions etc. The deserving winners were:-

Trainers Race	Ben.M	Ellie.P
Years 3-7 race	Luke.L	Jackie.P
Years 8 &9 race	Aiden.B	
Years 10 & 11 race	Luke.W	Cameron.S

It was another great event with some tremendous effort being shown. WELL DONE EVERYONE!

Many Thanks to all the staff who once again got totally involved and supported the pupils in The Ashley Way.



Personal Survival



The KS4 Sports Leaders have covered the theory and practical for the ASA Personal Survival Award and have achieved the following;

Lewis.H	Level 1 and Level 2
Amber.W	Level 1 and 5 out of 8 skills on Level 2
Cameron.B	Level 1 and 5 out of 8 skills on Level 2
Liam.M	5 out 7 on level 1
Liam.F	4 out 7 on level 1
Rebecca.L	4 out 7 on level 1

Well done everyone!

Tri Schools Gala –Thursday 12th March

The Ashley School hosted the annual Tri Schools Primary gala/water polo competition. There was an Ashley team, a team from Roman Hill and St Margaret's. For many of the competitors it was the first time they had represented their school and so there was a lot of excitement.

The afternoon started with the 6 individual swimming races. Ashley had 3 3rd places and 3 1st places. Lewis.H, Cerys.W and Riley.K winning their events.

The races were finished with a 6x1 length relay and Ashley came 3rd. After the races the points were very close with only 2 points between all 3 schools, with Ashley lying in 3rd place.

The afternoon finished with a round robin water Polo competition. Ashley were definitely in their element here and won both games 4-0 and 2-1 with Tom.H scoring 4 of Ashley's goals. With the water polo and swimming points added up Ashley came out in joint 1st place with St Margaret's.

Well done to all the swimmers and to the KS4 Sports Leaders who scored, judged and were time keepers for the event.

Thanks to Mr Godbold and Mrs Tomlinson for refereeing.

A big thank you to everyone at the school and in residence for your continued support to make these achievements possible.

Mrs Milton—Head of PE