

# LUNCH MENU



v.01Lunch Summer 2017 – Autumn 2017

## WEEK 1 - Weeks Commencing: 17<sup>th</sup> April, 15<sup>th</sup> May, 19<sup>th</sup> June, 17<sup>th</sup> July, 25<sup>th</sup> September 2017

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOME ZONE (1)	Hunters Chicken with New Potatoes	Beef Vindaloo served with Rice	Margherita Pizza	Roast Chicken with Stuffing and Roast Potatoes	Fresh Cod Fillet in Batter and Chips
HOME ZONE (2)	Summer Roast Vegetable Tart	Whole Wheat Macaroni Cheese with Garlic Bread	Creamy Cheese & Salmon Pasta Bake	Vegetarian Toad-in-the-Hole	Cheese & Potatoe Pie
JACKET POTATO	Cheese Tuna Mayo	Prawn Mayo Cheese	Cheese Chicken Mayo	Coleslaw Cheese	Cheese Tuna Mayo
FRESH VEGETABLES	Sweetcorn Broccoli	Peas Green Beans	Baked Beans Vegetable Medley	Carrots Cabbage	Peas Baked Beans
DESSERT OF THE DAY	Hot Belgian Waffles with Hot Chocolate Sauce or Ice Cream	Lemon & Mandarin Cheesecake	Oaty Fruit Crunch & Custard	Summer Fruit Trifle	Seasonal Fresh Fruit
ALTERNATIVE DESSERT (Available Daily)	Seasonal Fresh Fruit / Jelly / Yoghurts / Cheese & Biscuits [Cheese & Biscuits not available on Fridays]				

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## WEEK 2 - Weeks Commencing: 24<sup>th</sup> April, 22<sup>nd</sup> May, 26<sup>th</sup> June, 4<sup>th</sup> September, 2<sup>nd</sup> October 2017

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOME ZONE (1)	Shepherd's Pie	Oriental Chicken Noodles	Beef Meatballs in Tomato Sauce with Spaghetti	Roast Gammon with Pineapple & New Potatoes	Sausage & Chips
HOME ZONE (2)	Mushroom Pithivier	Salmon & Sweet Potato Fishcake with Lemon & Parsley Couscous	Vegetable Burritos	Mediterranean Vegetable & Feta Layer	Mediterranean Vegetable Pizza
JACKET POTATO	Cheese Coleslaw	Tuna Mayo Cheese	Cheese Chicken Tikka	Prawn Mayo Cheese	Cheese Coleslaw
FRESH VEGETABLES	Carrots Broccoli	Peas Green Beans	Green Beans Sweetcorn	Creamy Leeks Peas	Peas Baked Beans
DESSERT OF THE DAY	Flapjack & Ice Cream	Banana & Apple Cake with Custard	Peach Melba	Strawberry Shortcake	Seasonal Fresh Fruit
ALTERNATIVE DESSERT (Available Daily)	Seasonal Fresh Fruit / Jelly / Yoghurts / Cheese & Biscuits [Cheese & Biscuits not available on Fridays]				

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## WEEK 3 - Weeks Commencing: 1<sup>st</sup> May, 5<sup>th</sup> June, 3<sup>rd</sup> July, 11<sup>th</sup> September, 9<sup>th</sup> October 2017

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOME ZONE (1)	Italian Beef Lasagne served with Garlic Bread	Red Thai Curry with Authentic Indonesian Rice	Chicken Pie with New Potatoes & Gravy	Roast Beef served with Yorkshire Puddings / Roast Potatoes & Gravy	Fresh Haddock Fillet in Batter and Chips
HOME ZONE (2)	Cheese Stuffed Peppers	Tomato & Chilli Penne Pasta	Cauliflower Cheese	Four-Cheese Tart	Spinach & Cream Cheese Cannelloni
JACKET POTATO	Chicken Mayo Cheese	Cheese Tuna Mayo	Prawn Mayo Cheese	Cheese Coleslaw	Tuna Mayo Cheese
FRESH VEGETABLES	Peas Roasted Vegetables	Green Beans Peas	Carrots Broccoli	Fresh Greens Parsnip & Carrot Medley	Peas Baked Beans
DESSERT OF THE DAY	Hot Chocolate Brownie served with Ice Cream	Fruit Crumble & Custard	Keylime Pie	Pineapple Sponge & Fruit Sauce	Seasonal Fresh Fruit
ALTERNATIVE DESSERT (Available Daily)	Seasonal Fresh Fruit / Jelly / Yoghurts / Cheese & Biscuits [Cheese & Biscuits not available on Fridays]				

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## WEEK 4 - Weeks Commencing: 8<sup>th</sup> May, 12<sup>th</sup> June, 10<sup>th</sup> July, 18<sup>th</sup> September, 16<sup>th</sup> October 2017

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOME ZONE (1)	Local Pork Sausages with Gravy & Mashed Potatoes	Chicken Chow Mein with Noodles	Spaghetti Bolognese served with Garlic Bread	Roast Pork with Apple Sauce & Roast Potatoes	Fresh Cod Fillet in Batter and Chips
HOME ZONE (2)	Tuna & Tomato Pasta Bake	Roasted Vegetable Enchiladas	Creamy Mushroom & Pepper Stroganoff with Rice	Cheese & Tomato Quiche	Vegetable Paella
JACKET POTATO	Cheese Coronation Chicken	Coleslaw Cheese	Cheese Prawn Mayo	Tuna Mayo Cheese	Chicken Mayo Cheese
FRESH VEGETABLES	Green Beans Carrots	Peas Sweetcorn	Broccoli Roasted Vegetables	Fresh Greens Carrots	Peas Baked Beans
DESSERT OF THE DAY	Chocolate Crunch & Chocolate Sauce	Fresh Fruit Meringue	Orange & Lemon Drizzle Cake with Custard	Fruit Tart & Ice Cream	Seasonal Fresh Fruit
ALTERNATIVE DESSERT (Available Daily)	Seasonal Fresh Fruit / Jelly / Yoghurts / Cheese & Biscuits [Cheese & Biscuits not available on Fridays]				