

E-SAFETY TIPS FOR PARENTS/CARERS

Be involved in your child's online life

- many of our pupils don't see the difference between the online and offline worlds. They use the internet to shop, socialise, learn and grow. Communication is important between you and your child.

Set boundaries in the online world just as you would in the real world

- boundaries are good for children and with the wide open resources of the internet you need to think about what they might see, what they might share, who they might talk to and how long they spend on the internet. Discuss these boundaries with your children.

Know what connects to the internet and consider setting up parental controls on devices.

- nowadays everything connects to the Internet; mobiles, tablets, laptops and games consoles. Think about setting up parental controls. It's not about blocking and locking but is a way about setting good boundaries. They are not the answer to online safety but it is a good start.

The Child Exploitation and Online Protection agency (CEOP) have excellent resources and information for parents and carers. They have online advice and guidance on keeping young people safe in the digital age. They have online videos giving you up to date information on e-safety. For more information you can visit their website www.thinkuknow.co.uk

If you would like any more information please contact John Jones - 01502-565-439